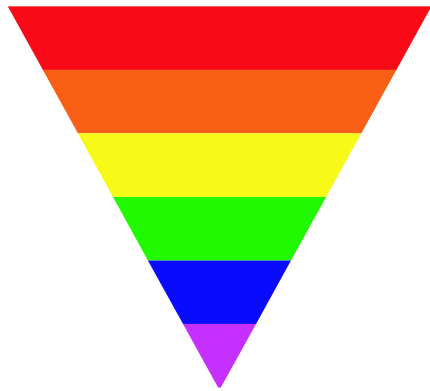


**YOUTH  
OPEN  
To  
SEXUAL  
ORIENTATION**



**Gay?**  
**Lesbian?**  
**Bisexual?**  
**Transgender/Transsexual?**  
**Queer?**  
**Questioning?**  
**Ally?**  
**Gay?** **Questioning?**  
**Lesbian?**  
**Bisexual?**  
**Transgender/Transsexual?**  
**Lesbian?** **Queer?**  
**Questioning?**

*We are here for you...*

YOTSO can help you meet other people who share your interests and understand your concerns. YOTSO provides support and fellowship that is free of judgment.



**Web Resources for Gay, Lesbian, Bisexual, Transgender, Queer, and Questioning Youth:**

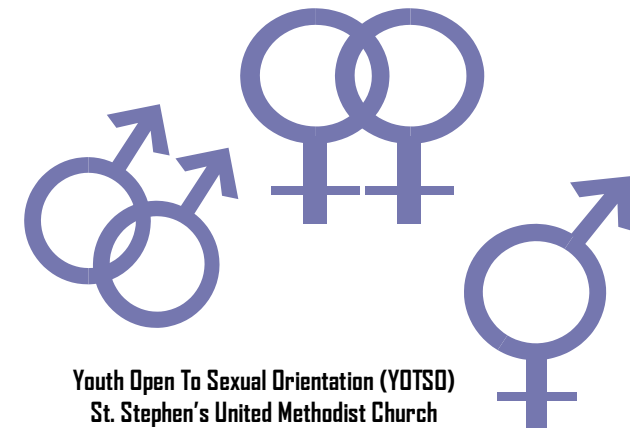
[www.outproud.org](http://www.outproud.org)  
[www.nyacyouth.org](http://www.nyacyouth.org)  
[www.youthresource.com](http://www.youthresource.com)  
[www.gaylibrary.com](http://www.gaylibrary.com)  
[www.glsen.org](http://www.glsen.org)  
[www.outyouth.org](http://www.outyouth.org)

**Web Resources for Parents and Teachers:**

[www.pflagnorman.org](http://www.pflagnorman.org)  
[www.nmha.org/whatdoesgaymean](http://www.nmha.org/whatdoesgaymean)  
[www.glsen.org](http://www.glsen.org)  
[www.pflag.org](http://www.pflag.org)  
[www.safeschoolscoalition.org](http://www.safeschoolscoalition.org)

**Telephone Resources:**

Trevor Project: 1-866-4-U-Trevor  
 PFLAG Norman: 405-360-4497  
 Teenline: 1-800-522-8336



Youth Open To Sexual Orientation (YOTSD)  
 St. Stephen's United Methodist Church  
 1801 West Brooks  
 Norman, OK

[yotso@cox.net](mailto:yotso@cox.net)

# Youth Open to Sexual Orientation (YOTSO)



Being a teenager is never easy. It can be especially difficult to be gay, lesbian, bisexual, transgender, or simply to be questioning one's sexuality. It's especially

easy to feel like no one understands what you are going through and you may feel like you have no one to talk with about your feelings.

Everyone needs friends, support, and a safe space to be themselves. LGBTQ youth need these things as much as or more than their non-gay peers. Unfortunately, too many LGBTQ you feel that they can not easily find the support they need to grow into healthy and self-accepting adults.

YOTSO is a safe and fun place to gain information, find support, meet friends, and have fun.



## Who is YOTSO?

YOTSO is open to youth, from ages 13-17 or are still in high school. YOTSO welcomes youth who are or may be lesbian, gay, bisexual, transgender/transsexual, queer, or questioning (LGBTQQ). We also welcome youth who have friends or significant others (like parents, aunts, uncles, sisters, or brothers) who are LGBTQ. In addition, we welcome participants of all abilities, ethnicities, races, religious beliefs, social classes, and genders.

## YOTSO's Aim

YOTSO aims to provide a safe and open forum for youth and works to eradicate bigotry toward and misunderstanding of gay, lesbian, bisexual, queer, and trans youth.

## What YOTSO Does

YOTSO meets on the 1st and 3rd Thursdays of each month (with the exception of major holidays) at 7 pm (meetings generally last 2 hours) to provide support to one another and to enjoy the fellowship of other youth. Meetings are led by two or more trained adult facilitators. The meeting format is informal allowing participants to talk or simply listen to others.

## Who Sponsors YOTSO?

YOTSO began as a youth group sponsored by Parents, Families, and Friends of Lesbians and Gays (PFLAG). We now have a permanent home at St. Stephen's United Methodist Church. St. Stephen's is a welcoming congregation. This means that the church welcomes the full participation of people of all sexual orientations and gender identities.

**Although YOTSO is sponsored by a church, there is no proselytizing or religious agenda at any meeting. Participants of all faith traditions (or of no faith tradition) are welcome to participate.**



YOTSO meets on the 1st and 3rd Thursdays of each month (with the exception of major holidays) at 7 pm (meetings generally last 2 hours) at St. Stephen's United Methodist Church.

**For more information, please call  
(405) 990-0338**



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